

Dear Friends of the Munich Meditation Center,

With this program we would like to invite you  
to our meditations, our commemoration  
services and other events.  
Guests and friends are warmly welcome.



*“ Practice the presence of peace.  
The more you do that,  
the more you will feel the presence  
of that power in your life. “*

*Paramahansa Yogananda  
from  
„Inner Reflections – 2021 Engagement-Calendar“*

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*Meditation-Center München  
(Munich)  
Gemeinschaft der Selbst-Verwirklichung  
Self-Realization Fellowship*

## PROGRAM



JANUARY TO APRIL  
2021

Liebherrstr. 4 80538 München  
Tel.: 089 – 24 29 20 99  
[www.srf-muenchen.de](http://www.srf-muenchen.de)

## Meditation- and Reading-Services

### Sundays

10:00 – 10:50 a.m. Meditation  
11:00 – 12:00 a.m. Inspirational Service

*There is a possibility to join the inspirational services between 10:50 and 11:00 a.m.*

*Parents may attend the service together with their children in the basement chapel. Parents are responsible for their children. Toys are available..*

### Wednesdays

#### Doors will open at 18 p.m.

19:00 – 21:15 p.m. Meditation- and  
Healing Service

*Entrance is also permitted between 20:00 and 20:10 p.m.*

#### First Wednesday of each month

18:00 – 18:50 p.m. Bhagavad Gita Study  
Group Meeting

### Fridays

18:00 – 21:00 p.m. Meditation Service  
and Healing Prayer

*Entrance is also permitted during the first ten minutes of each hour .*

#### Friday – before the 1<sup>st</sup> Saturday of each month

18:00 – 21:00 p.m. Kirtan

*Entrance is also permitted during the first 10 minutes of each hour.*

***With regard to the present unclear situation only the regular meditation services might be held***

#### 1<sup>st</sup> Saturday of each month

14:00 – 20:00 p.m. 6 hour meditation service  
17:00 – 17:20 p.m. break

*A guided meditation will be held during the first three hours. You are permitted to join only the second part of the Meditation and to arrive during the break.*

*It is also possible to do the energization exercises individually – in the basement: 30 minutes before the beginning of each meditation.*

## Commemoration Services And Meditations

### Tuesday, 05<sup>th</sup> Jan.

18:00 – 21:00 p.m.

Paramahansa Yogananda  
Birthday

Commemoration-Service

### Friday, 08<sup>th</sup> Jan.

18:00 – 21:00 p.m.

Paramahansa Yogananda

Commemoration-

Meditation Part 1

### Saturday, 09<sup>th</sup> Jan.

14:00 – 17:00 p.m.

Paramahansa Yogananda

Commemoration-

Meditation Part 2

### Sunday, 07<sup>th</sup> Mar.

10:00 – 12:00 p.m.

Paramahansa Yogananda

Mahasamadhi

Commemoration-Service

### Tuesday, 09<sup>th</sup> Mar.

19:00 – 21:00 p.m.

Swami Sri Yukteswar

Mahasamadhi

Commemoration-Service

### Friday, 12<sup>th</sup> Jan.

18:00 – 21:00 p.m.

Paramahansa Yogananda

Commemoration-

Meditation

### Saturday, 13<sup>th</sup> Jan.

14:00 – 17:00 p.m.

Sri Yukteswar

Commemoration-

Meditation

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*Please bring one or several flowers.*

*Envelopes for donations will be provided.*

## Easter-Services

### Friday, 02<sup>nd</sup> Apr.

14:00 – 17:00 p.m.

Good Friday-

Meditation

### Sunday, 04<sup>th</sup> Apr.

06:00 – 09:50 a.m.

Easter-Meditation

(Entrance every

full hour)

10:00 – 12:00 a.m.

Easter-Service

### Short-term program-changes:

[www.srf-muenchen.de](http://www.srf-muenchen.de)

***Please note that at the present moment we cannot make any definite planning. We will do our best to comply with the program items mentioned.***

***With regard to the unclear situation some program items might have to be left out or replaced.***

## Further Events

### Sunday, 07<sup>th</sup> Feb.

starting at 12:15 p.m.

General Membership  
Meeting

### Saturday, 20<sup>th</sup> Feb.

Winter Excursion

### Saturday, 27<sup>th</sup> Feb.

starting at 10:00 a.m.

Day of Serving

### Sunday, 28<sup>th</sup> Feb.

starting at 12:15 p.m.

Group Counsel  
Election

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Your donation is always welcome.

*Bank account of the*

*“Meditationszentrum München“*

Gemeinschaft der Selbst-Verwirklichung

Postbank Nürnberg

IBAN: DE55 7601 0085 0004 1898 58

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For an international survey of all events  
please go to:

**[www.yogananda-srf.org](http://www.yogananda-srf.org)**