

Dear Friends of the Munich Meditation Center,

With this program we would like to invite you
to our meditations, our commemoration
services and other events.
Guests and friends are warmly welcome.



*“ The word **yoga** signifies the perfect poise or
mental evenness
that is the result of communication of the mind
with Spirit. “*

*Paramahansa Yogananda
from
„Inner Reflections – 2021 Engagement-Calendar“*

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*Meditation-Center München
(Munich)
Gemeinschaft der Selbst-Verwirklichung
Self-Realization Fellowship*

PROGRAM



MAY TO AUGUST
2021

Liebherrstr. 4 80538 München
Tel.: 089 – 24 29 20 99
www.srf-muenchen.de

Meditation- and Reading-Services

Sundays

10:00 – 10:50 a.m. Meditation
11:00 – 12:00 a.m. Inspirational Service

There is a possibility to join the inspirational services between 10:50 and 11:00 a.m..

Parents may attend the service together with their children in the basement chapel. Parents are responsible for their children. Toys are available..

Wednesdays

Doors will open at 18 p.m.

19:00 – 21:15 p.m. Meditation- and
Healing Service

Entrance is also permitted between 20:00 and 20:10 p.m.

First Wednesday of each month

18:00 – 18:50 p.m. Bhagavad Gita Study
Group Meeting

Fridays

18:00 – 21:00 p.m. Meditation Service
and Healing Prayer

Entrance is also permitted during the first ten minutes of each hour .

Friday – before the 1st Saturday of each month

18:00 – 21:00 p.m. Kirtan

Entrance is also permitted during the first 10 minutes of each hour.

With regard to the present unclear situation only the regular meditation services might be held

1st Saturday of each month

14:00 – 20:00 p.m. 6 hour meditation service
17:00 – 17:20 p.m. break

A guided meditation will be held during the first three hours. You are permitted to join only the second part of the Meditation and to arrive during the break.

It is also possible to do the energization exercises individually – in the basement: 30 minutes before the beginning of each meditation.

Commemoration Services And Meditations

Monday, 10th May

19:00 – 21:00 a.m. Swami Sri Yukteswar
Birthday-
Commemoration-Service

Friday, 14th May

18:00 – 21:00 p.m. Swami Sri Yukteswar
Commemoration-
Meditation

Saturday, 24th July

19:00 – 21:00 a.m. Guru Purnima*

**Kirtan and Meditation - Indian Style*

Sunday, 25th July

10:00 – 12:00 p.m. Mahavatar Babaji
Commemoration-Service

Friday, 30th July

18:00 – 21:00 p.m. Mahavatar Babaji
Commemoration-
Meditation

Monday, 30th Aug

19:00 bis 21:00 p.m. Janmashtami
(Service in honor of
Lord Krishna)

Preview September:

Friday, 03th Sept

18:00 – 21:00 p.m. Baghavan Krishna
Commemoration-
Meditation

*Please bring one or several flowers.
Envelopes for donations will be provided.*

* * *

With regard to the unclear situation some program items might have to be left out or replaced.

Further Events

Saturday, 26th June Day of Serving
starting at 10:00 a.m.

Saturday, 17th July Summer Excursion

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Short-term program-changes:

www.srf-muenchen.de

Please note that at the present moment we cannot make any definite planning. We will do our best to comply with the program items mentioned.

For an international survey of all events
please go to:

www.yogananda-srf.org

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Your donation is always welcome.

*Bank account of the
Meditationszentrum München:*

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