

Dear Friends of the Munich Meditation Center,

With this program we would like to invite you
to our meditations, our commemoration
services and other events.
Guests and friends are warmly welcome.



*“ Stillness is the altar of Spirit.
Where motion ceases, Spirit begins to manifest.
“*

*Paramahansa Yogananda
from
„Inner Reflections – 20221 Engagement-Calendar“*

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*Meditation-Center München
(Munich)
Gemeinschaft der Selbst-Verwirklichung
Self-Realization Fellowship*

PROGRAM



JANUARY TO APRIL
2022

Liebherrstr. 4 80538 München
Tel.: 089 – 24 29 20 99
www.srf-muenchen.de

Meditation- and Reading-Services

Sundays

10:00 – 10:50 a.m. Meditation
11:00 – 12:00 a.m. Inspirational Service

There is a possibility to join the inspirational services between 10:50 and 11:00 a.m.

Parents may attend the service together with their children in the basement chapel. Parents are responsible for their children. Toys are available..

Wednesdays

Doors will open at 18 p.m.

19:00 – 21:15 p.m. Meditation- and
Healing Service

Entrance is also permitted between 20:00 and 20:10 p.m.

First Wednesday of each month

18:00 – 18:50 p.m. Bhagavad Gita Study
Group Meeting

Fridays

18:00 – 21:00 p.m. Meditation Service
and Healing Prayer

Entrance is also permitted during the first ten minutes of each hour .

Friday – before the 1st Saturday of each month

18:00 – 21:00 p.m. Kirtan

Entrance is also permitted during the first 10 minutes of each hour.

With regard to the present unclear situation only the regular meditation services might be held

1st Saturday of each month (NOT on 01st Jan.)

14:00 – 17:00 p.m. 3 hour meditation service

It is also possible to do the energization exercises individually – in the basement: 30 minutes before the beginning of each meditation.

Commemoration Services And Meditations

Wednesday, 05th Jan. Paramahansa Yogananda
18:00 – 21:00 p.m. Birthday

Saturday, 08th Jan. Paramahansa Yogananda
14:00 – 20:00 p.m. Commemoration-Service
Meditation

Saturday, 05th Mar. Paramahansa Yogananda
14:00 – 17:00 p.m. Commemoration-
Meditation

Monday, 07th Mar. Paramahansa Yogananda
19:00 – 21:00 p.m. Mahasamadhi
Commemoration-Service

Wednesday, 09th Mar. Swami Sri Yukteswar
19:00 – 21:00 p.m. Mahasamadhi
Commemoration-Service

Friday, 11th Jan. Swami Sri Yukteswar
18:00 – 21:00 p.m. Commemoration-
Meditation

* * *

*Please bring one or several flowers
Envelopes for donations will be provided.*

Easter-Services

Friday, 15th Apr. Good Friday-
14:00 – 17:00 p.m. Meditation

Sunday, 17th Apr. Easter-Meditation
06:00 – 09:50 a.m. (Entrance every
full hour)

10:00 – 12:00 a.m. Easter-Service

*Please bring one or several flowers.
Envelopes for donations will be provided.*

* * *

With regard to the unclear situation some program items might have to be left out or replaced.

Further Events

Sunday, 06th Feb. General Membership
starting at 12:15 p.m. Meeting

Saturday, 12th Feb. Winter Excursion

Saturday, 19th Feb. Day of Serving
starting at 10:00 a.m.

Sunday, 27th Feb. Group Counsel
starting at 12:15 p.m. Election

Short-term program-changes:

www.srf-muenchen.de

Please note that at the present moment we cannot make any definite planning. We will do our best to comply with the program items mentioned.

For an international survey of all events
please go to:

www.yogananda-srf.org

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Your donation is always welcome.

*Bank account of the
Meditationszentrum München:*

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