

Dear Friends of the Munich Meditation Center,

With this program we would like to invite you
to our meditations, our commemoration
services and other events.
Guests and friends are warmly welcome.



*“Like a river, love flows continuously
through humble, sincere souls.”*

*Paramahansa Yogananda
from
„Inner Reflections – 2022 Engagement-Calender“*

Self-Realization Fellowship
3880 San Rafael Avenue
Los Angeles, California 90065, USA
Tel. 001- 323 - 225 - 2471
Fax 001- 323 - 225 - 5088
www.yogananda-srf.org

Gemeinschaft der Selbst-Verwirklichung
Laufamholzstr. 369, 90482 Nürnberg
Tel. 0911- 50 10 87
Fax 0911- 5 04 83 17
www.srf-nbg.de
info@srf-nbg.de

Postbank Nürnberg
IBAN: DE27 7601 0085 0004 2228 57
BIC: PBNKDEFF

Stätte der inneren Einkehr
Haulerstrasse 15
76596 Forbach-Bermersbach
Tel. 07228 - 968 969
Fax 07228 - 968 9990
E-Mail: Bermersbach@srf-nbg.de

Meditationszentrum München
koordinationsteam.srf.muc@gmail.com
· Sabine Greber 0157 - 52492727
· Susanne Kätsch 0151 - 28598277
· Werner Milke 0174 - 3792389

*Meditation-Center Munich
Gemeinschaft der Selbst-Verwirklichung
Self-Realization Fellowship*

PROGRAM



MAY TO AUGUST
2022

Liebherrstr. 4 80538 München
Tel.: 089 – 24 29 20 99
www.srf-muenchen.de

Meditation- and Reading-Services

Sundays

10:00 – 10:50 a.m. Meditation
11:00 – 12:00 a.m. Inspirational Service

There is a possibility to join the inspirational services between 10:50 and 11:00 a.m..

Wednesdays

Doors will open at 18 p.m.

19:00 – 21:15 p.m. Meditation- and
Healing Service

Entrance is also permitted between 20:00 and 20:10 p.m.

First Wednesday of each month

18:00 – 18:50 p.m. Bhagavad Gita Study
Group Meeting

Fridays

18:00 – 21:00 p.m. Meditation Service
and Healing Prayer

Entrance is also permitted during the first ten minutes of each hour .

Friday – before the 1st Saturday of each month

18:00 – 21:00 p.m. Kirtan

Entrance is also permitted during the first 10 minutes of each hour.

1st Saturday of each month

14:00 – 20:00 p.m. 6 hour meditation service
17:00 – 17:20 p.m. break

A guided meditation will be held during the first three hours. You are permitted to join only the second part of the Meditation and to arrive during the break.

It is also possible to do the energization exercises individually – in the basement: 30 minutes before the beginning of each meditation.

Commemoration Services And Meditations

Tuesday, 10th May

19:00 – 21:00 p.m. Swami Sri Yukteswar
Birthday-
Commemoration-Service

Friday, 13th May

18:00 – 21:00 p.m. Swami Sri Yukteswar
Commemoration-
Meditation

Wednesday, 13th July

19:00 – 21:00 p.m. Guru Purnima*

**Kirtan and Meditation - Indian Style*

Monday, 25th July

19:00 – 21:00 p.m. Mahavatar Babaji
Commemoration-Service

Friday, 29th July

18:00 – 21:00 p.m. Mahavatar Babaji
Commemoration-
Meditation

Thursday, 18th Aug.

19:00 bis 21:00 p.m. Janmashtami
(Service in honor of
Lord Krishna)

Friday, 19th August

18:00 – 21:00 p.m. Baghavan Krishna
Commemoration-
Meditation

* * *

*As a symbol of your devotion to God and to the
SRF Gurus you are welcome to bring one or
several flowers to the commemoration services.*

Envelopes for donations will be provided.



Further Events

Sunday, 04th June Day of Serving

Saturday, 16th July Summer excursion

* * *

**Short-term program-changes
will be announced at:
www.srf-muenchen.de**

For an international survey of all events
please go to:

www.yogananda-srf.org

* * *

Your donation is always welcome.

*Bank account of the
“Meditationszentrum München“
Gemeinschaft der Selbst-Verwirklichung*

Postbank Nürnberg
IBAN: DE55 7601 0085 0004 1898 58
BIC: PBNKDEFF